Course Guide

A comprehensive guide with all available course offerings, with key information on becoming a coach, and how to start your journey!

Welcome Message From the CEO

Congratulations! By requesting this Course Guide today, you have taken the first step towards becoming a successful life coach.

You might have requested our Course Guide because...

- You want to become the very best version of yourself.
- You're passionate about empowering others to reach their goals, personally or professionally.
- You want to build a business that you love, with flexible hours and uncapped earning potential; or
- You want to connect with an incredible community of like-minded and inspirational people.

Whatever the reason, you're in the right place! The Life Coaching College is for people just like you who want to make a difference, work with people they love and shape their own future.
And we would love for you to join us.

Glen Murdoch

CEO & Founder at The Life Coaching College

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About The Life Coaching College

Founded by coach, author and entrepreneur, Glen Murdoch, The Life Coaching College is the leading face-to-face training provider of ICF-Accredited Coaching Courses in Australia.

Created to help others learn powerful coaching skills, our college offers a unique blend of in-person and online learning to foster student success. This is to ensure that students receive the practical experience they require to gain the skills and confidence to build their own successful life coaching business.
Since opening our doors in 2011, we have welcomed over 3200+ students into the rewarding career of coaching, with many going on to big things. Some graduates work with CEOs and executive leaders worldwide, while others have built profitable six-figure businesses on their terms. Many have also authored books and lead packed international training sessions.

Our college is also internationally recognized by the gold standard for coaching, the International Coaching Federation (ICF). This means that we have the highest accreditation possible in coach training, and our students are trained to the world standard. In addition, all our trainers are also accredited with either the NLP Association of Australia (NLPAA), the American Board of NLP (ABNLP), or the International Association for Neuro-Linguistic Programming (IANLP).

40,000+	3,200+	1,000+	5,000+	500+
PEOPLE REACHED	GRADUATES	COURSES TAUGHT	LIVE TRAINING	HOURS ON-LINE LEARNING

Why students choose The Life Coaching College?

1 **Comprehensive Curriculum:**
The Life Coaching College offers a wide range of accredited courses that cover all aspects of life coaching, from foundational skills to advanced techniques in NLP, Hypnosis, Mindset Coaching and Positive Psychology, ensuring that students are fully prepared for a successful coaching career.

2 **Industry Recognition:**
The Life Coaching College is well-known in the industry, with certifications that really stand out to employers and clients. We've got ICF Level 2 accreditation, and our NLP trainers are NLPAA certified, which means you're learning from the best. Graduating from our programs doesn't just give you knowledge - it gives you credentials that open doors and build serious trust in the coaching world.

3 **Flexible Learning Options:**
Understanding the diverse needs of students, The Life Coaching College offers flexible learning options, including online, in-person, and hybrid models, allowing students to learn at their own pace.

4 **Emphasis on Face-to-Face Training:**
The Life Coaching College places a strong emphasis on face-to-face training, recognizing the value of in-person interaction and hands-on practice. This approach allows students to develop their skills in a dynamic and engaging environment, supported directly by experienced teachers.

5 **Comprehensive Business-Building Support:**
The Life Coaching College offers a robust "Coach Marketing Blueprint" program designed to help students build and scale their coaching businesses. The program covers essential aspects such as Nailing Your Message, identifying your Ideal Client Profile, mastering niche selection, and creating effective marketing strategies. Students also learn practical tools like the Visual Clarity Tool, Pricing Adjustment Test, and the Masterclass Planner, ensuring they have the confidence and skills to attract clients and grow their practice successfully.

6 **Proven Track Record:**
With over a decade of experience and loads of successful graduates, The Life Coaching College knows how to help you hit your goals. Our programs are tried and tested, with plenty of success stories from alumni who've gone on to build amazing careers in coaching. When you join us, you're stepping into a community that's all about helping you not just reach your goals, but smash them.

7 **Experienced Teachers:**
The college boasts a team of highly experienced and successful teachers who bring real-world expertise to the classroom, providing students with practical insights and mentorship.

8 **Focus on Personal Development:**
The Life Coaching College prioritizes your personal growth alongside your coaching skills. As you explore your Coaching units, you gain deeper self-awareness and confidence. This focus on your own development ensures you're authentic and empathetic in your coaching, empowering you to guide others effectively. By investing in yourself, you build a strong foundation that not only enhances your coaching practice but also enriches your life.

9 **Awesome Community Vibes:**
At The Life Coaching College, you're not just signing up for a course; you're joining a tight-knit community of like-minded students who are all about supporting each other. Whether it's swapping ideas, sharing experiences, or just having a laugh, you'll find a real sense of camaraderie here. Plus, the connections you make can turn into lifelong friendships and even future business collaborations. It's like having a built-in support system every step of the way.

10 **Focus on Innovation:**
The Life Coaching College stays ahead of trends in the coaching industry by incorporating the latest research, tools, and techniques into their programs, ensuring that students receive cutting edge training.

Here's what happens when you Enrol with TLCC:

When you become a student at The Life Coaching College, you'll gain access to a truly transformative learning experience:

Hands-On Course Materials

Your comprehensive course materials will be shipped directly to your door within 7-10 business days of enrolment. No waiting for digital downloads – you'll have everything you need to start learning in your hands.

Personalised Coaching

One of your alumni, will guide you through a 12-week personal coaching program. This is your chance to experience our proven coaching methodology firsthand and see how it can help you create positive change.

Weekly Trainer Interactions:

Join live group coaching sessions every week to learn directly from our expert trainers.

Gain insights on personal growth, business development, marketing, and of course, core coaching competencies.

Robust Online Resources

Dive into our extensive online learning library, featuring over 200 classes on topics like NLP, hypnosis, positive psychology, and more. Your education extends far beyond the classroom.

The Diploma of Life Coaching at The Life Coaching College Receives ICF Level 2 Accreditation

Your Pathway to a Successful Coaching Career

We are excited to announce that our flagship program, **The Diploma of Life Coaching**, at The Life Coaching College (TLCC), has achieved the prestigious Level 2 accreditation from the International Coaching Federation (ICF)! This recognition places our course among the elite coaching programmes globally, known for meeting the highest standards of coaching education and training.

What Does ICF Level 2 Accreditation Mean for You as a Student?

The ICF is the gold standard in the coaching profession worldwide, setting the benchmark for excellence in coaching education, ethics, and practice. With The Diploma of Life Coaching now accredited as an ICF Level 2 course, TLCC reaffirms its commitment to providing a top-tier learning experience that empowers our students to excel as professional coaches.

Here's why this accreditation is a significant advantage for you as a prospective student:

1. World-Class Coaching Credentials

The Diploma of Life Coaching, now accredited as an ICF Level 2 programme, provides you with world-class credentials that are recognised and respected globally. This means that when you graduate, you will hold a qualification that stands out in the coaching industry, giving you a competitive edge and the confidence to coach clients from around the world.

2. Ensuring the Highest Standards of Coaching Excellence

ICF Level 2 accreditation is a testament to the quality and rigour of our coaching programme. It means that The Diploma of Life Coaching meets the ICF's comprehensive standards, including a robust curriculum, experienced faculty, adherence to the ICF Core Competencies, and a commitment to the ICF Code of Ethics. You can be assured that you are receiving training that is not only current and relevant but also rooted in best practices for professional coaching.

3. Streamlined Pathway to ICF Certification

As a graduate of an ICF Level 2 accredited course like The Diploma of Life Coaching, you will be on a clear and direct path to earning your ICF credentials. This programme meets the requirements needed to apply for the ICF's ACC (Associate Certified Coach) or PCC (Professional Certified Coach) credentials, depending on your accumulated coaching hours and experience. Achieving ICF certification enhances your credibility, allowing you to stand out in the coaching marketplace and attract more clients.

4. A Comprehensive Learning Journey

The Diploma of Life Coaching is more than just a course; it's a journey of personal and professional growth. Our ICF Level 2 accreditation ensures that the programme offers a rich, comprehensive learning experience that combines advanced coaching skills, practical application, and reflective practice. At TLCC, you will benefit from engaging, face-to-face training, real-world coaching scenarios, interactive workshops, and continuous mentorship from seasoned coaches and trainers.

OUR TRAINERS

Our World-class Faculty

All our trainers are experts in their fields and also working in today's coaching industry. This means that in every training course, they'll give you real-time and real-life examples from their experiences to best equip you to work in the field of coaching.

Beverley Unitt
Mindset and Motivation Coach & Trainer in NLP (Neuro-Linguistic Programming).

Carolyn Shaw
Leadership Coach & Trainer in Coaching Foundations and Advanced Coaching Techniques.

Dee Jay Jackson
International Speaker and Therapist & Trainer in Conscious Hypnosis, Kids Hypnosis and Public Speaking.

Francinne O'Rourke
Mindset & Personal Mastery Coach and Trainer in Coaching Foundations & Advanced Coaching Techniques.

Glen Murdoch
CEO & Founder of The Life Coaching College & Trainer in Personal Development, Peak Performance, and Positive Psychology.

Jim Cocks
High Performance Business Coach & Trainer in Coaching Foundations, Advanced Coaching Techniques and Business Building.

Joanne Clark
Business and Leadership Coach & Trainer in NLP, Relationship Coaching and Kids and Parents Coaching.

Jo Jo Jackson
Hypnosis Therapist & Trainer in Conscious Hypnosis, Kids Hypnosis and Public Speaking.

Jo Wise
Business & Leadership Coach & Trainer in Coaching Foundations, Advanced Coaching Techniques, Behavioural Profiling, and Emotional Intelligence.

Sonya Furlong
Transformational Coach & Trainer of NLP and Matrix Therapies.

Anthony Joel
Dedicated Coach Mentor, bringing his expertise as a Mastery Level NLP practitioner to the team.

Sandra Garces
Student Experience Coordinator. Currently completing her Master Practitioner in Coaching.

Michelle Monoghan
Student Support Manager and Coach Mentor, with a Master's in Coaching, often described as "the coach to the coaches."

Beth Murdoch
General Manager and Training Coordinator for Australia, expertly managing the operations and training programs at The Life Coaching College.

Interesting Facts about the Coaching Industry

There are
109,000
coaches worldwide and
3100 coaches in Australia

Coaching in Australia
is a
Four Billion Dollar Industry

81% of clients
expect their coaches to be
certified

The average annual wage
for a coach is
$83,000

83% of coaches
work solely as a coach,
while **16%** use their coaching skills in
leadership or management positions

The average coach works with
an average of
13.8 clients
while working
12.9 hours a week

A typical coaching
engagement
lasts between
four and six months

Almost a third
(30%)
of coaches specialise in
leadership coaching

The average fee for a 60-minute,
general coaching session is **$344,**
while the average cost of a 60-minute
business or leadership coaching session is
$355 to $425

Coaches with credentials
(from the ICF, for example)
earn 25% more
than those
without credentialed training

Source: 2022 International Coach Federation (ICF) Global Coaching Study, commissioned by the ICF and undertaken by PWC.

Our Courses

At The Life Coaching College, we have a wide variety of coaching courses, depending on how advanced you'd like to take your coaching. Students generally are looking for one or more of the following outcomes:

1. Become a professional Coach either full-time or part-time.

2. Add Coaching to a current role.

3. Utilise the learnings from a Coaching course in their own life.

Some of the accredited life coaching courses we offer include:

The Practitioner of Life Coaching

The Practitioner of Life Coaching provides you with the foundations of becoming a successful coach and attracting your first clients. It is ideal for anyone seeking an introduction to coaching with limited time to study or for those wanting to develop their coaching skills for their current career. This course is a great starter course to dip your toe in the water!

The Diploma of Life Coaching

The Diploma of Life Coaching gives you everything you need to establish a sustainable coaching business and be a transformational coach from anywhere in the world. In addition to becoming a certified Life Coach you will also earn the title of NLP Practitioner and Practitioner of Conscious Hypnosis. This course also teaches coaches how to coach in the areas of Resilience, Strength, Growth, Mindfulness, Goal Achievement and Self Acceptance.

The Advanced Practitioner in Leadership & Executive Coaching

The Advanced Practitioner in Leadership & Executive Coaching equips you with the knowledge and skills to lead and manage high performing, dynamic organisations. In addition to your Diploma training, this course will cover specialised training in creating High Performance Teams, Leadership Coaching, developing Emotional Intelligence (EQ) in groups and Behavioural Profiling (DISC) in the workplace.

The Advanced Practitioner in Kids, Parents & Relationship Coaching

The Advanced Practitioner in Kids, Parents & Relationship Coaching equips you with the knowledge and skills to support all kinds of family units. In addition to your Diploma training, this course will cover effective communication strategies for parents and delve into coaching for children as well as learning how to coach relationships.

The Master Practitioner of Life Coaching

The Master Practitioner of Life Coaching is the course with everything! Mastery level training in NLP and Hypnosis, training on becoming a professional speaker and choice of any or all our popular Niche areas in Leadership, Parents, Kids and Relationship coaching.

PRACTITIONER OF COACHING

Practitioner of Coaching

Course Overview

The Practitioner of Coaching is a short course designed to provide you with the foundations of becoming a successful coach and attracting your first clients.
It is ideal for anyone seeking an introduction to coaching with limited time to study or for those wanting to develop their coaching skills for their current career.
With an introduction to personal development and questioning techniques, the Practitioner of Coaching Program will enable you to commence coaching or utilise the skills learnt straight after your first sixteen hours block of learning.
Depending on your preference, you can either choose to undertake the Practitioner of Coaching entirely online or combine a mix of face-to-face and online training.

On Completion

On completion of the Practitioner of Coaching course, you will be ready to help clients within a 1:1 setting change in any area of their life.
Using simple coaching tools, you will be able to open up deep and meaningful dialogues with your clients about:

- How they view and experience different situations
- How they identify what is important to them; and
- How they change their actions to achieve better results

You will also be provided with the framework and confidence to create, package and sell various coaching programs to your clients.

Course Structure

The Practitioner course contains both face-to-face and online electives for you to choose from.

"The main reason I chose to study at The Life Coaching College was because I wanted the proper coaching accreditation, and I wanted the face-to-face learning. I ended up doing the full curriculum and all the learnings have now become personally applicable in unimaginable ways."

– Davy Rowe

Delivery Mode:
Blended
(Face-to-Face & Online)
or online only.

Duration:
6 months
(self-paced)

Enrol Now

Practitioner of Coaching cont.

Face-to-face Training Electives available in the Practitioner of Coaching course

SUBJECT	UNIT CODE	UNIT TITLE	Delivery Mode
Coaching Essentials	CM001	Coach Mastery	Face-to-Face (2 Days)
	ACM001	Advanced Coach Mastery	Face-to-Face (2 Days)
	CMS001	Coach Marketing Summit	Face-to-Face (1 Day)

Online Training Electives available in the Practitioner of Coaching course

SUBJECT	UNIT CODE	UNIT TITLE	Delivery Mode
Coaching Essentials	CM001	Coach Mastery	Online
	ACM001	Advanced Coach Mastery	Online
	TMC001	Mindset Coaching Program	Online
	ICF001	ICF Series	Online
	TSCM001	Coaching Clients with the 12-Step Coaching Model	Online
	GC001	Group Coaching	Online
	CT001	Coach Talk	Online
	HOC001	The Heart of Coaching	Online
	GWW001	Growing What's Within	Online
	ETF001	ETF In Coaching	Online
Advanced Coaching	TQW001	The Quantum World	Online
	LOF001	Law of Attraction	Online
	SC001	Self-Coaching	Online
NLP	NLP001	Introduction to NLP	Online
Hypnosis	HYP001	Introduction to Hypnosis	Online
Positive Psychology	PP001	Positive Psychology	Online
Business Building & Marketing	CMB001	Coaching & Business Mindset	Online
	BOC001	The Business of Coaching	Online
	GOYB001	Get Off Your Butt and Coach	Online
	BM001	Business Mentoring	Online
	HCMP001	How to Create a Membership Program	Online
	MKT001	Coach Marketing	Online
	CMS001	Coach Marketing Summit	Online

The Diploma of Life Coaching Course

Course Overview

The Diploma of Life Coaching utilizes a combination of face-to-face and online training to teach you everything you need to establish a sustainable coaching business utilizing the four coaching pillars of Life Coaching, NLP, Hypnosis and Positive Psychology.

It is ideal for anyone looking to create their own thriving coaching business while also developing skills to transform their own life.

Recognised by the International Coaching Federation, the Diploma of Life Coaching course creates the pathway to International Accreditation.

On Completion

On completion of the Diploma of Life Coaching, you will be ready to utilise your coaching skills in both employed and self-employed environments. With the confidence to help clients either within a 1:1 or group setting, you will learn how to:

- Master the art of powerful questioning and active listening.
- Facilitate change and create elite outcomes in any area of a client's life through NLP techniques.
- Help a client overcome trauma and past patterns that no longer serve them; and
- Reframe a client's thoughts and feelings into positive change through Conscious Hypnosis.

You will also be provided with the framework and confidence to create, package and sell various coaching programs to your clients through comprehensive sales and marketing training.

Course Structure

To obtain your Diploma of Life Coaching certification, you will be required to undertake a combination of face-to-face and/or online training in conjunction with online and practical coaching assessments.

This course is Level 2 ICF Accredited

Our Diploma of Life Coaching is a Level 2 course accredited by the International Coaching Federation (ICF), the gold standard in the coaching industry. This prestigious accreditation signifies that our program meets the highest global standards for coach education, providing a thorough, evidence-based approach to coaching. A Level 2 ICF accreditation ensures that you are receiving professional, high-quality training recognized worldwide, enhancing your credibility as a coach.

This accreditation also assures potential clients and employers that you are trained to the highest standards, equipped with the skills, ethical grounding, and practical experience needed to excel in your coaching practice.

Choosing our ICF Level 2 accredited Diploma means you're not just learning how to coach - you're gaining a respected qualification that empowers you to build a successful and impactful career in life coaching.

Delivery Mode:
Blended
(Face-to-Face & Online)
or online only.

Duration:
12 months
(self-paced)

Enrol Now

The Diploma of Life Coaching Course cont.

Face-to-face Elective Course units include:

Subject	Unit Code	Unit Title	Delivery Mode
Face-to-face	CM001	Coach Mastery	Face-to-Face (2 Days)
Coaching Electives	ACM001	Advanced Coach Mastery	Face-to-Face (2 Days)
	NLP003	NLP Practitioner Training with Timeline Technique	Face-to-Face (7 Days)
	HYP002	Certified Hypnosis Training	Face-to-Face (3 Days)
	CMS001	Coach Marketing Summit	**Live Online** (1 Day)

Online Elective Course units include:

Subject	Unit Code	Unit Title	Delivery Mode
Coaching Essentials	CM001	Coach Mastery	Online
	ACM001	Advanced Coach Mastery	Online
	TMC001	Mindset Coaching Program	Online
	ICF001	ICF Series	Online
	TSCM001	Coaching Clients with the 12-Step Coaching Model	Online
	GC001	Group Coaching	Online
	CT001	Coach Talk	Online
	HOC001	The Heart of Coaching	Online
	GWW001	Growing What's Within	Online
	ETF001	ETF In Coaching	Online
Advanced Coaching	TQW001	The Quantum World	Online
	LOF001	Law of Attraction	Online
	SC001	Self-Coaching	Online
	MCT001	Matrix Therapies	Online
	MT001	Meditation Training	Online
NLP	NLP001	Introduction to NLP	Online
	NLP002	NLP Practitioner Pre-Course Training	Online
Hypnosis	HYP001	Introduction to Hypnosis	Online
Positive Psychology	PP001	Positive Psychology	Online
	MSC001	Maximizing Strengths in Coaching	Online
	CMWL001	Coaching Meaning & Valued Living	Online
	RC001	Resilience Coaching	Online
	MC001	Mindfulness Coaching	Online
	EIC001	Emotional Intelligence Coaching	Online
	CSA001	Coaching Self-Acceptance	Online
Business Building & Marketing	CMB001	Coaching & Business Mindset	Online
	BOC001	The Business of Coaching	Online
	GOYB001	Get Off Your Butt and Coach	Online
	BM001	Business Mentoring	Online
	HCMP001	How to Create a Membership Program	Online
	OMB001	Online Marketing Blueprint	Online
	AT001	Author Training	Online

ADVANCED PRACTITIONER OF LEADERSHIP AND EXECUTIVE COACHING

Advanced Practitioner of Leadership and Executive Coaching

Course Overview

The Advanced Practitioner in Leadership & Executive Coaching equips you with the knowledge and skills to lead and manage high performing, dynamic organisations. Through a combination of face-to-face and online training, you'll learn how to step into an organisation and work with employees or leaders to create effective teams.

On Completion

On completion of the Advanced Practitioner in Leadership & Executive Coaching, you will be able to work with groups, organisations or executive teams to improve performance and cultivate excellence.

With a thorough understanding of contemporary executive and leadership challenges, you will be well-positioned to help clients and/or teams:

- Uplevel their leadership skills to be more effective in their roles.
- Build confidence in their strengths through different leadership styles.
- Develop better communication strategies; and
- Help them to manage boundaries effectively.

You will also be provided with the framework and confidence to create, package and sell various coaching programs to your clients through comprehensive sales and marketing training.

Face-to-face or Live OnlineElective Course units include:

Subject	Unit Code	Unit Title	Delivery Mode
Coaching Essentials	CM001	Coach Mastery	Face-to-Face (2 Days)
	ACM001	Advanced Coach Mastery	Face-to-Face (2 Days)
	HPT001	How to Train a High Performing Team	**Live Online** (1 Day)
	LCTS002	Leadership Coaching 1&2	**Online** (4 days)
	EIT001	How to Train an Emotionally Intelligent Team	**Live Online** (1 Day)
	DISC001	DISC Profiling Coach Training	**Live Online** (1 Day)
	NLP003	NLP Practitioner Training with Timeline Technique	Face-to-Face (7 Days)
	HYP002	Certified Hypnosis Training	Face-to-Face (3 Days)
	MBP001	Marketing Blueprint	**Live Online** (1 Day)

Online Elective Course units include:

Subject	Unit Code	Unit Title	Delivery Mode
Coaching Essentials	EL001	Emerging Leaders	Live Online (2 Days)
	ELA001	Executive Leadership Accelerator	Live Online (2 Days)

Delivery Mode:
Blended
(Face-to-Face & Online)
or online only.

Duration:
18 months
(self-paced)

Enrol Now

Advanced Practitioner of Leadership and Executive Coaching cont.

Online Elective Course units include:

Subject	Unit Code	Unit Title	Delivery Mode
Coaching Essentials	CM001	Coach Mastery	Online
	ACM001	Advanced Coach Mastery	Online
	TMC001	Mindset Coaching Program	Online
	ICF001	ICF Series	Online
	TSCM001	Coaching Clients with the 12-Step Coaching Model	Online
	GC001	Group Coaching	Online
	CT001	Coach Talk	Online
	HOC001	The Heart of Coaching	Online
	GWW001	Growing What's Within	Online
	ETF001	ETF In Coaching	Online
Advanced Coaching	TQW001	The Quantum World	Online
	LOF001	Law of Attraction	Online
	SC001	Self-Coaching	Online
	MCT001	Matrix Therapies	Online
	MT001	Meditation Training	Online
	HPT001	How to Train a High Performing Team	Online
	LCTS001	Leadership Coaching Training System	Online
	EIT001	How to Train an Emotionally Intelligent Team	Online
	DISC001	DISC Profiling Coach Training	Online
	SBCT001	Strengths Based Coaching Toolkit	Online
	WWC001	Working with Corporate	Online
NLP	NLP001	Introduction to NLP	Online
	NLP002	NLP Practitioner Pre-Course Training	Online
Hypnosis	HYP001	Introduction to Hypnosis	Online
Positive Psychology	PP001	Positive Psychology	Online
	MSC001	Maximizing Strengths in Coaching	Online
	CMWL001	Coaching Meaning & Valued Living	Online
	RC001	Resilience Coaching	Online
	MC001	Mindfulness Coaching	Online
	EIC001	Emotional Intelligence Coaching	Online
	CSA001	Coaching Self-Acceptance	Online
Business Building & Marketing	CMB001	Coaching & Business Mindset	Online
	BOC001	The Business of Coaching	Online
	GOYB001	Get Off Your Butt and Coach	Online
	BM001	Business Mentoring	Online
	HCMP001	How to Create a Membership Program	Online
	MKT001	Coach Marketing	Online
	OMB001	Online Marketing Blueprint	Online
	AT001	Author Training	Online

ADVANCED PRACTITIONER OF KIDS, PARENTS & RELATIONSHIP COACHING

Advanced Practitioner of Kids, Parents and Relationship Coaching

Course Overview

The Advanced Practitioner in Kids & Parents Coaching equips you with the knowledge and skills to support all kinds of family units.

Through a combination of face-to-face and online training, you'll learn how to step into a family environment and work with children or parents to navigate a range of life challenges, whether it be at school or home.

In addition to advanced Master NLP training, this course will cover effective communication strategies for parents and delve into hypnosis for children.

On Completion

On completion of Advanced Practitioner in Kids & Parents Coaching, you will be able to work with family households, whether it be with children, parents or both, to improve their emotional and mental well-being.

With a thorough understanding of common family challenges, you will be well-positioned to help families:

- Reinforce positive patterns of thought, speech and behaviour.
- Build self-esteem and confidence.
- Communicate more effectively within the household and with peers; and
- Better manager emotions and external pressures

You will also be provided with the framework and confidence to create, package and sell various coaching programs to your clients through comprehensive sales and marketing training.

Course Structure

To obtain your Advanced Practitioner in Kids & Parents Coaching certification, you will be required to undertake a combination of face-to-face and/or online training in conjunction with online and practical coaching assessments.

Face-to-face Elective Course units include:

Subject	Unit Code	Unit Title	Delivery Mode
Coaching Essentials	CM001	Coach Mastery	Face-to-Face (2 Days)
	ACM001	Advanced Coach Mastery	Face-to-Face (2 Days)
	KC001	Kids Coaching	**Live Online** (1 Day)
	PC001	Parents Coaching	**Live Online**(2 Days)
	NLP003	NLP Practitioner Training with Timeline Technique	Face-to-Face (7 Days)
	HYP002	Certified Hypnosis Training	Face-to-Face (3 Days)
	KYPO01	Kids Hypnosis	Face-to-Face (2 Days)
	REL001	Relationship Coaching	**Live Online** (1 Day)

Delivery Mode:
Blended
(Face-to-Face & Online)
or online only.

Duration:
18 months
(self-paced)

Enrol Now

Advanced Practitioner of Kids, Parents and Relationship Coaching cont.

Online Elective Course units include:

Subject	Unit Code	Unit Title	Delivery Mode
Coaching Essentials	CM001	Coach Mastery	Online
	ACM001	Advanced Coach Mastery	Online
	TMC001	Mindset Coaching Program	Online
	ICF001	ICF Series	Online
	TSCM001	Coaching Clients with the 12-Step Coaching Model	Online
	GC001	Group Coaching	Online
	CT001	Coach Talk	Online
	HOC001	The Heart of Coaching	Online
	GWW001	Growing What's Within	Online
	ETF001	ETF In Coaching	Online
Advanced Coaching	TQW001	The Quantum World	Online
	LOF001	Law of Attraction	Online
	SC001	Self-Coaching	Online
	MCT001	Matrix Therapies	Online
	MT001	Meditation Training	Online
	FOK001	Focus on Kids	Online
	PCBOO1	How to Prevent Your Child from Being Bullied	Online
	KM001	Kids Matrix	Online
NLP	NLP001	Introduction to NLP	Online
	NLP002	NLP Practitioner Pre-Course Training	Online
Hypnosis	HYP001	Introduction to Hypnosis	Online
Positive Psychology	PP001	Positive Psychology	Online
	MSC001	Maximizing Strengths in Coaching	Online
	CMWL001	Coaching Meaning & Valued Living	Online
	RC001	Resilience Coaching	Online
	MC001	Mindfulness Coaching	Online
	EIC001	Emotional Intelligence Coaching	Online
	CSA001	Coaching Self-Acceptance	Online
Business Building & Marketing	CMB001	Coaching & Business Mindset	Online
	BOC001	The Business of Coaching	Online
	GOYB001	Get Off Your Butt and Coach	Online
	BM001	Business Mentoring	Online
	HCMP001	How to Create a Membership Program	Online
	MKT001	Coach Marketing	Online
	OMB001	Online Marketing Blueprint	Online
	AT001	Author Training	Online

Master Practitioner of Coaching

Course Overview

The Master Practitioner of Coaching blends face-to-face and online training, offering comprehensive, outcome-focused education in Australia. This course, recognized by the International Coaching Federation, covers the 12-Step Coaching Model, Master NLP, Master Hypnosis, and Speakers Training, preparing you to work across various coaching niches.

On Completion

Upon completion, you'll be equipped to apply your coaching skills in both employed and self-employed settings. Over 18-24 months, you'll master advanced questioning, NLP, mindset strategies, and more, enabling you to transform lives, build a coaching business, and create lasting change.

Course Structure

To earn your certification, you'll complete a mix of face-to-face and online training, along with practical coaching assessments.

Face-to-face Elective Course units include:

Subject	Unit Code	Unit Title	Delivery Mode
Coaching Essentials	CM001	Coach Mastery	Face-to-Face (2 Days)
	ACM001	Advanced Coach Mastery	Face-to-Face (2 Days)
	HPT001	How to Train a High Performing Team	**Live Online** (1 Day)
	DISC001	DISC Profiling Coach Training	**Live Online** (1 Day)
	EIT001	How to Train an Emotionally Intelligent Team	**Live Online** (1 Day)
	RC001	Relationship Coaching	**Live Online** (1 Day)
	KC001	Kids Coaching	**Live Online** (1 Day)
	PC001	Parents Coaching	**Live Online** (2 Day)
	NLP003	NLP Practitioner Training with Timeline Technique	Face-to-Face (7 Days)
	NLP005	Master NLP Practitioner Training	Face-to-Face (9 Days)
	HYP002	Certified Hypnosis Training	Face-to-Face (3 Days)
	KYP001	Kids Hypnosis	Face-to-Face (2 Days)
	MHYP001	Master Hypnosis for Coaches	Face-to-Face (6 Days)
	CMS001	Coach Marketing Summit	**Live Online** (1 Day)
	PST001	Public Speakers Training	Face-to-Face (6 Days)

Subject	Unit Code	Unit Title	Delivery Mode
Coaching Essentials	EL001	Emerging Leaders	Live Online (2 Days)
	ELA001	Executive Leadership Accelerator	Live Online (2 Days)

Delivery Mode:
Blended
(Face-to-Face & Online)
or online only.

Duration:
24 months
(self-paced)

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Master Practitioner of Coaching cont.

Online Elective Course units include:

Subject	Unit Code	Unit Title	Delivery Mode
Coaching Essentials	CM001	Coach Mastery	Online
	ACM001	Advanced Coach Mastery	Online
	TMC001	Mindset Coaching Program	Online
	ICF001	ICF Series	Online
	TSCM001	Coaching Clients with the 12-Step Coaching Model	Online
	GC001	Group Coaching	Online
	CT001	Coach Talk	Online
	HOC001	The Heart of Coaching	Online
	GWW001	Growing What's Within	Online
	ETF001	ETF In Coaching	Online
Advanced Coaching	TQW001	The Quantum World	Online
	LOF001	Law of Attraction	Online
	SC001	Self-Coaching	Online
	MCT001	Matrix Therapies	Online
	MT001	Meditation Training	Online
	HPT001	How to Train a High Performing Team	Online
	LCTS001	Leadership Coaching Training System	Online
	EIT001	How to Train an Emotionally Intelligent Team	Online
	DISC001	DISC Profiling Coach Training	Online
	SBCT001	Strengths Based Coaching Toolkit	Online
	WWC001	Working with Corporate	Online
	FOK001	Focus on Kids	Online
	PCBOO1	How to Prevent Your Child from Being Bullied	Online
	KM001	Kids Matrix	Online
NLP	NLP001	Introduction to NLP	Online
	NLP002	NLP Practitioner Pre-Course Training	Online
	MNLP 002	NLP Master Practitioner Pre-Course Training	Online
Hypnosis	HYP001	Introduction to Hypnosis	Online
Positive Psychology	PP001	Positive Psychology	Online
	MSC001	Maximizing Strengths in Coaching	Online
	CMWL001	Coaching Meaning & Valued Living	Online
	RC001	Resilience Coaching	Online
	MC001	Mindfulness Coaching	Online
	EIC001	Emotional Intelligence Coaching	Online
	CSA001	Coaching Self-Acceptance	Online
Business Building & Marketing	CMB001	Coaching & Business Mindset	Online
	BOC001	The Business of Coaching	Online
	GOYB001	Get Off Your Butt and Coach	Online
	BM001	Business Mentoring	Online
	HCMP001	How to Create a Membership Program	Online
	MKT001	Coach Marketing	Online
	OMB001	Online Marketing Blueprint	Online
	AT001	Author Training	Online

THE POSITIVE PSYCHOLOGY SERIES

The Positive Psychology Series: The World's Most Complete Positive Psychology Program

Masterclasses Overview

MASTERCLASS #1: Introduction to Positive Psychology
Discover the foundational questions that sparked the Positive Psychology movement, shifting focus from deficits to strengths and flourishing.

MASTERCLASS #2: Balancing Life Domains
Learn to help clients balance key areas of their lives, enhancing overall satisfaction and well-being.

MASTERCLASS #3: Emotional Intelligence
Develop skills to help others understand and utilize emotions constructively, improving emotional awareness and relationships.

MASTERCLASS #4: Meaning & Valued Living
Guide clients in discovering their values and aligning actions with what truly matters to them for a purpose-driven life.

MASTERCLASS #5: The Science of Self-Acceptance
Teach techniques for fostering self-compassion and embracing authenticity, cultivating a positive self-relationship.

MASTERCLASS #6: Maximizing Strengths
Identify & develop personal strengths, turning them into powerful assets for all aspects of life.

MASTERCLASS #7: Realizing Resilience
Provide evidence-based strategies to help clients build resilience and mental toughness, thriving in adversity.

MASTERCLASS #8: Mindfulness X
Explore the core practices of mindfulness, focusing on present-moment awareness, acceptance, and cultivating a compassionate stance toward oneself.

MASTERCLASS #9: Positive Relationships
Learn practical tools to help clients build supportive, enduring relationships and enhance their social connections.

MASTERCLASS #10: Motivation & Goal Achievement
Equip clients with strategies to set and achieve meaningful goals, cultivating motivation and persistence for lasting success.

Join Us

Elevate your coaching skills and empower your clients with The Positive Psychology Series - where science meets practical application.

Delivery Mode: Online

Duration: 60 hours

Enrol Now

PROFESSIONAL SPEAKER TRAINING

Professional Speaker Training

Amplify Your Influence and Master the Art of Professional Speaking

Course Overview

Dive into the realm of 'Professional Speaking' with our premier training program, crafted from a distinguished lineage responsible for 80% of the money 'ever made' in personal development. Designed to elevate your speaking to elite status, this course equips you to inspire change, lead with authority, and ignite your career, preparing you to command any stage with competence and charisma.

1. Professional vs. Public Speaking: Learn why professional speaking sets you apart and positions you second to none.
2. Master the five distinct types of speaking and understand where you fit in.
3. Engage in training tailored specifically for your experience level, whether you are a beginner, an intermediate, or an expert.
4. Maximize your earnings and unlock the secrets to earning multiple six or seven figures through targeted, effective speaking engagements.
5. Use professional speaking to significantly grow your business and personal brand.
6. Convert stage fright into a compelling presence that commands the room.
7. Turn every speaking event into a masterful opportunity that can catapult your career.
8. Mastery of Storytelling: Weave engaging narratives that reinforce your message and leave a lasting impact.
9. Learn preparation techniques that ensure you deliver impactful and memorable presentations.
10. Gain skills to handle challenging listeners and turn skepticism into endorsement.
11. Master Leadership: Embrace the Art of Compartmentalization and tools only true leaders use. Authenticity is key; never 'fake it to make it.'
12. Lead with your voice and elevate your leadership qualities through robust communication strategies that command respect to inspire action.
13. Learn how to use feedback to continually refine and improve your speaking skills.
14. Sustainable career strategies that develop engagement for a long-term successful career in professional speaking and four words you should never use.
15. Storytelling for professionals to unpack your personal and professional journey in a way that aligns with your audience's aspirations and challenges, enhancing your public speaking and philanthropic impact.
16. Unpacking Your Authentic Genius: Explore and articulate your unique insights and experiences to discover your authentic voice that resonates deeply with professional audiences and just six questions to unleash unlimited content for Speaking, Writing, YouTube, Tick Tok, or any course design.
17. Sequencing Your Talk for Impact and strategically sequence your presentations to build emotional momentum, culminating in a powerful call to action that inspires enrolments.
18. Unlimited Content Creation: Learn how to generate an endless stream of content on 'ANY' subject and create your own 'intellectual property' that positions you as an expert.
19. Use your speaking engagements to break into new markets and expand your reach to explore new markets.
20. Captivating Introductions: Craft introductions that do not just grab attention but set the stage for a compelling engagement that influences professional or charitable audiences.
21. Build Mental Toughness: Incorporate mental toughness training to perform consistently under pressure.

On Completion, Participants Will Have:

A refined, authentic speaking style tailored to your brand for a professional audience. Advanced techniques to engage and persuade diverse groups. Skills to manage stage fright, handle tough questions, and disruptions. Strategies for marketing yourself as a keynote speaker or trainer as you learn to build a portfolio for professional engagements.

Delivery Mode:
Blended
(Face-to-Face & Online)

Duration:
50 hours
(6 days)

Enrol Now

Student Success Stories

"I have grown my coaching business to earn $200,000 a year."

– Mark Hamawi

Perhaps you are wondering whether coaching is a financially viable career path? Enter Mark Hamawi, executive coach, graduate of The Life Coaching College, and living proof that determination and effort can reap rewards. In the first 10 months of setting up his business, Mark earned $100,000 and is now routinely earning double that amount each year through his two coaching streams, Leader House and Hypno Hut.

"You can be making $100,000 a year as long as you put into practice what you learn and stay focused and disciplined," says Mark, who is based on the Gold Coast.

"If you have got discipline everything flows from that."
Like many graduates of The Life Coaching College, Mark discovered coaching after a successful career in another industry, in his case as a former CPA accountant.

In 2017, he retired and sold his accounting firm, having spent the past four decades working long hours and doing "the hard yards".
"I also really felt that I wasn't spending enough time with my kids and at that point they were 11 and 8 years old," he says.
"I used to spend a lot of time advising clients and building up rapport with them, and the feedback I received was that I was a lot more than an accountant.

The career transition to business and executive coach was far from smooth, however, as around the same time Mark lost his father, his sister and his dog. Understandably, he suffered a period of grief-related depression and anxiety. "There was quite a bit of grief," he says. "My sister was only six years older than me and when you lose people who mean a lot in your life, then all of a sudden you re-evaluate your priorities."

Mark worked with a counsellor to re-connect with a sense of purpose, which is what led him to study his Master Practitioner of Coaching at The Life Coaching College.
"I narrowed my options down to three, but I chose the college because the staff I spoke to were able to answer my questions clearly and precisely," he says.
"The college was also very clear on what skills and capabilities I would have, and what tools I would acquire in order to become a coach and run coaching sessions."

The close community of fellow student coaches also helped Mark emerge from his depression and anxiety.
"I'm not a fluffy person by nature, but I loved being part of the community and it allowed me to let go of the corporate walls that I had built up," he says. In particular, Mark credits the quality of the face-to-face training at the College as a real game-changer.
"In-person training is a great way to learn, and it makes it more dynamic," he says. "Being in a room with other people shifts something inside of you."

It has only been a few short years since he graduated, but Mark's training and coaching business, Leader House, has helped scores of executives build their leadership capabilities and foster high-performing teams. In particular, Mark enjoys helping Gold Coast businesses stay the course.

"The glue between creating a business that starts and goes well early on and a business that endures in the long-term, is leadership," he says. "A leadership mindset allows you to see solutions everywhere, to engage, to have an amazing, quality team around you and to attract, high-quality clients."
Mark's second business, Hypno Hut, is located in Mermaid Waters and treats PTSD, weight issues, stress and anxiety through his hypnotherapy expertise.

He has served close to 200 people at the Hypno Hut in the past 12 months and is considering expanding the business into a franchise.
"I can't help but imagine what it would be like if we had a Hypno Hut in every suburb," he says.
"How many people could we help? How much could we improve the rates of obesity, anxiety, depression, gambling, smoking, and addictions that Australians suffer from?"
"I feel like the Hypno Hut could really shift community wellness."

Although he is no longer a student, Mark still feels very much a part of the fabric of the college.
"I have paid my fees but we all still just keep receiving because we're in the community and our membership is forever," he says.

"The college is always putting resources and courses online for us and they just keep giving." Mark says the college's support during COVID-19 was especially appreciated.
"They worked really hard during to keep everyone in a positive frame of mind," Mark says.
"The college over delivers on expectations, and that's very rare nowadays. There is a lot of heart there."

Student Success Stories

"A lot of the pieces just came together."

– Becky English

When Becky English was 24 years old, the unimaginable happened. Her mother died suddenly from a pulmonary embolism and Becky stepped in to help look after her half-brother and two half-sisters, aged eight, four and three.
"I also became a legal guardian for my eight-year-old half-sister as her father had passed away nine months before her mum," says Becky who grew up in Winchester, in England.

"They were brilliant with how they dealt with the grief, but from my own perspective, I think I bottled it up for many years."
Becky went on to establish a successful career as an account manager in the UK, working long hours and constantly traveling, before realising she was "doing more for the company than for myself". "I was told by my manager that I was too nice and that I had to toughen up," she says. "I remember thinking that I can't do that because that's who I am and that's the human connection that I build with clients.

Becky decided it was time to take charge of her life and so she and her husband packed up their things and moved from the UK to Sydney, where she started working in recruitment and eventually settled in Brisbane. While Becky enjoyed the work and the personal satisfaction that came with directly helping people, she wanted a career that was more in line with her passions.

"Literally, the day I was thinking that I didn't know what I should do with my life, I got a call from The Life Coaching College informing me about an Open Day they had coming up and I thought, 'put me down'," she says. "It was like the universe was speaking to me."

Becky's experience at The Life Coaching College's Open Day confirmed her instincts. "I felt as if I was putting a lot of the pieces together," she says.
"I felt that I could finally name what I wanted to be."
Becky signed up for the Master Practitioner of Coaching, where — much to her surprise — she fell in love with hypnosis.
"I did the first three-day course and just thought, 'wow'," she says.
"I contacted the College afterwards and asked to get on the advanced course in two weeks because I couldn't wait a year to do it again."

Becky has started her own coaching practice, which is built around the power of hypnosis. She calls herself a hypno-coach and collaborates with women who want to improve their body confidence and overcome negative self-talk and mental blocks that stop them from losing weight.

"I love hypnosis because of how powerful it can be," Becky says. "There is that moment when a client comes out of hypnosis and they are saying, 'wow' or they are reduced to tears because there's a release going on.

"You feel amazing that you could make them feel like that."
Becky also credits the College trainers with giving her the confidence and the tools to start her own coaching business.
"I love the fact that you are given so many materials through the course so when your first box arrives, you've got workbooks, you've got scripts if you need them, and you have all the tools to go out there and coach," she says.

"I also love the fact that it's built around face-to-face training because it means you are meeting those like-minded souls and making very good friends and everybody's so supportive of each other."

The College's modules have also given Becky a chance to address her own grief following the death of her mum. "I bottled it up because I was trying to be strong for the kids, but whenever I thought about mum, I'd always get really teary," she says.
"But during the NLP course at the College, I was able to really work through that."

After her mum's death, Becky embraced her spiritual side and committed herself more fully to "living life as a free spirit".
"You can't hold those grudges against somebody because they may not be around the next day," she says. "So, for me it is always about looking on the bright side of life and always taking that positive approach

Frequently Asked Questions

How long does it take to complete a coaching course?

At The Life Coaching College, our courses vary in completion time from three to twenty-four months, depending on how advanced you'd like to take your coaching. Based on your current life, all courses are self-paced, so you can move through your theory and practical assessments as fast or as slow as you like!

What professional recognition will I receive from completing a coaching course at The Life Coaching College?

The Diploma of Life Coaching course has the Level 2 accreditation from the International Coach Federation and is designated as PCC Accredited education. Graduates from the Diploma course may apply for the Professional Certified Coach (PCC) Credential using the Level 2 application path.

What is the pricing of your courses?

At The Life Coaching College, we have a wide variety of coaching courses ranging from $6,000 to $25,000, depending on how advanced you'd like to take your coaching. Our most popular course, the Diploma of Life Coaching, is $12,000 to complete and includes 15-days of face-to-face training and 400+ hours of online learning. In addition, we offer interest-free student payment plan so you can study and start earning money as a coach whilst paying off your course.

Do you offer payment plans?

At The Life Coaching College, you can pay for your life coaching course over a 100- week interest-free payment plan. This means that you can start studying now and working as a coach without breaking the bank.

Do you offer online coaching courses?

If you are looking for an online coaching course, our Practitioner of Life Coaching is a fantastic entryway into the world of coaching. It is a short online course designed to provide you with the foundations of becoming a successful coach and attracting your first clients. You can even achieve the Diploma of Coaching completely online if you choose to.

Can I study to become a coach whilst working full-time?

Yes, absolutely you can! At The Life Coaching College, our blended learning experience allows you to study around your work and life commitments. In fact, most of our students are working full-time!
Our online training will enable you to learn wherever and whenever you like, and most of our face-to-face training takes place over weekends. So, if you're already working part-time or full-time, you don't need to put everything on hold while you study with us.

Can I start my coaching business while I study?

Yes! Our courses have been created in a way that gets you out of coaching as quickly as possible based on your circumstances. Don't worry, we will be there to support you the whole time.

Where can I view your live training dates? If you would like to see a list of our upcoming face-to-face training dates for your preferred state, please contact us on 1800 424 556 or email support@thelifecoachingcollege.com.au.

Where are your training locations?

All face-to-face training takes place within our training venues in either Melbourne, Sydney, Brisbane or Perth. As a student, you will attend the training venue that is in your state. All training venues can be found at https://thelifecoachingcollege.com.au/contact/

I am not sure what course to study, does this matter?

We are always available to discuss your goals and needs to decide what course is best suited for you
For almost all students the best place to start is the Diploma of Life Coaching. It gives you everything you need to get started as a coach.

Where can I enrol?

You can enroll at any time online by going to https://thelifecoachingcollege.com.au/enrol/ or calling 1800 424 566.

Once you have enrolled, you will get automatic access to your online learning portal and your face-to-face training dates will be scheduled.

THE PROFESSIONAL
SPEAKERS TRAINING
WARNING

THE LIFE COACHING COLLEGE

Training locations

All face-to-face training takes place within our training venues in either Melbourne, Sydney, Brisbane or Perth. As a student, you will attend the training venue that is in your state. All training venues can be found at **https://thelifecoachingcollege.com.au/contact/**